

AFTER VISIT SUMMARY

Michael Harbuck MRN: 74237395

 Abdominal ascites  8/1/2021 - 8/2/2021  Sentara Halifax Regional Hospital East 4  434-517-8432

General Information



Discharge Instructions

This After Visit Summary contains important discharge instructions related to your care after discharge from the hospital. Please review it carefully and share it with your caregiver.

You may be receiving an automated call within a couple of days after you leave the hospital. The purpose of this call is to be sure you have what you need and are doing well since leaving the hospital.



No changes were made to your medications.



Activity instructions

No Activity Restrictions



Diet instructions

Regular Diet

Full Appointment List - 30 Days

Follow up with Out Of State PCP,
MD

Schedule an appointment with Sentara Southside Hematology & Oncology as soon as possible for a visit in 1 week(s)
Follow up from LN biopsy and paracentesis results

2232 Wilborn Ave
South Boston VA 24592
434-517-8140

Medication List

You have not been prescribed any medications.



Your Next Steps



- Schedule an appointment with Sentara Southside Hematology & Oncology as soon as possible for a visit in 1 week(s)
2232 Wilborn Ave
South Boston VA 24592
434-517-8140

MyChart

Send messages to your doctor, view your test results, renew your prescriptions, schedule appointments and more!

Go to www.sentara.com/mychart, click on the "Activate MyChart" button, and enter the following activation code:
V3DB6-XD8HX-5NG22
Expires: 8/8/2021 1:12 PM
If your code is expired, select "Request Activation Code."

Instructions

Ascites

WHAT YOU NEED TO KNOW:

Ascites is excess fluid in the lower abdomen. The fluid causes swelling in the abdomen.

DISCHARGE INSTRUCTIONS:

Call your local emergency number (911 in the US) if:

- You have trouble breathing.
- You feel confused, faint, or lose consciousness.
- You vomit blood or see blood in your bowel movement.

Call your doctor if:

- You feel pain in your abdomen.
- You have a fever.
- You are losing more or less weight than expected.
- You are urinating less than usual.
- You feel dizzy or lightheaded.
- You develop tiredness, dry mouth, nausea, or vomiting.
- You have muscle cramps or twitches.
- You have questions or concerns about your condition or care.

Medicines:

- **Medicines** help decrease the fluid in your abdomen, prevent or fight an infection, or prevent more damage to your liver.

Redirect

**This content exists at the address below.
Please take a moment to update your bookmark:**

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/share-facts.html>

When You Are Sick

Accessible version: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>



To prevent the spread of COVID-19

- Wear a mask.
- Stay at least 6 feet apart from others.
- Wash your hands often.
- Cover your coughs and sneezes.
- Clean high-touch surfaces every day.



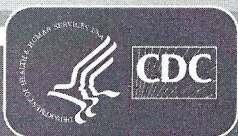
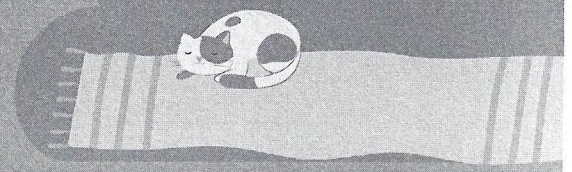
If you are sick follow these steps Stay home except to get medical care

- Wear a mask.
- Stay at least 6 feet apart from others.
- Wash your hands often.
- Cover your coughs and sneezes.
- Clean high-touch surfaces every day.



Stay separate from other people and pets in your home

- Stay in a specific room as much as possible.
- Stay away from other people and pets in your home.
- If possible, you should use a separate bathroom.
- If you need to be around other people or animals in or outside of the home, wear a mask.



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)